

Contact Information for Benefit Plans

Administrator	Benefits	Website/Secure Portal	Toll-free Phone Line	Notes
Blue Shield of Northeastern NY	Medical, surgical, mental health, substance abuse & dental	https://securews.bsny.com/web/content/NENYHome.html	1-888-840-6322 To find an out of area provider: 1-800-810-2583	
OptumRx	Prescription drugs	https://www.mycatamaranrx.com/PortalCentral/	1-877-839-8119	OptumRx purchased CatamaranRx, the previous prescription administrator
Davis Vision	Vision	http://www.davisvision.com/	1-800-999-5431	
Merriam	Flex Spending Account/pre-tax health & dependent care	http://www.takecareplans.com/cbp/home.asp	1-877- MERRIAM x 203 1-877-637-7426 x 203	Formerly Corporate Benefit Planning
EAP	Employee Assistance Program	www.theEAP.com	1-800-252-4555 1-800-225-2527	